

# “Montebarra Swedish Goggle Assembly Instructions

Contents –

- (2) Lens
- (1) Nose String
- (1) Blue Nose Cover
- (1) Rubber Strap

Instructions –

Thread **Nose String** thru the first **Lens** using the small whole located at the side of the **Lens**.

Slide the **Blue Nose Cover** over both ends of the **Nose String**.

Thread one end of the **Nose String** thru the remaining **Lens** and tie with a knot.

By sliding the string – you should be able to hide the knot inside the **Blue Nose Cover**.

To attach the **Rubber Strap** – push each end of the **Rubber Strap** thru the opening on the edge of the **Lens**. Pull equal lengths thru the **Lens** hole – so that you can tie the strap in a knot.

The **Rubber Strap** now acts as a double headband. If you find you need to tighten further you can untie and shorten up the length. Once you reach a comfortable length you can cut off any extra **Rubber Strap**.

Some swimmers use a small section of the **Rubber Strap** in place of the **Nose String** and **Blue Nose Cover**.

Using about 1 ½ inches of the **Rubber Strap** thread the ends thru the String Holes. The **Rubber Strap** will stay secure without having to tie a knot.

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